

Aha Cpr Guidelines Cheat Sheet

Cheating Death Basic Life Support Provider Manual (International English) 2020 American Heart Association Guidelines Pediatric First Aid and CPR American Red Cross First Aid/CPR/AED Participant's Manual ACLS Review Made Incredibly Easy 2020 Alcs Reference Card Set ECG Interpretation 2020 Handbook of Emergency Cardiovascular Care for Healthcare Providers (International English) Heartsaver First Aid Student Workbook Teaching Medicine and Medical Ethics Using Popular Culture Textbook of Neonatal Resuscitation Paramedic Pocket Anesthesia Pocket Book of Hospital Care for Children Heartsaver Pediatric First Aid CPR AED Student Workbook Family & Friends CPR American Red Cross Lifeguarding Manual Advanced Cardiovascular Life Support Provider Manual ACSM's Clinical Exercise Physiology An Introduction to Pet Dental Care Tecc: Tactical Emergency Casualty Care Cal/OSHA Pocket Guide for the Construction Industry Comic Book CPR First Aid, CPR, and AED Standard Cumulated Index Medicus Responding to Emergencies Heartsaver AED. Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition E-Book Tactical Combat Casualty Care Handbook Emergency Medical Responder The Scum Villain's Self-Saving System: Ren Zha Fanpai Zijiu Xitong (Novel) Vol. 1 Annals of the Academy of Medicine, Singapore Crucial Conversations: Tools for Talking When Stakes are High, Third Edition What to Do When You're Having Two Advanced Cardiovascular Life Support Provider Manual (International English) CPR/AED for the Professional Rescuer Pediatric Resuscitation Geriatric Emergency Medicine CPT Professional 2022

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Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition E-Book Jun 03 2020 The Public Health Foundation (PHF) in partnership with the Centers for Disease Control and Prevention (CDC) is pleased to announce the availability of Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition or "The Pink Book" E-Book. This resource provides the most current, comprehensive, and credible information on vaccine-preventable diseases, and contains updated content on immunization and vaccine information for public health practitioners, healthcare providers, health educators, pharmacists, nurses, and others involved in administering vaccines. "The Pink Book E-Book" allows you, your staff, and others to have quick access to features such as keyword search and chapter links. Online schedules and sources can also be accessed directly

through e-readers with internet access. Current, credible, and comprehensive, "The Pink Book E-Book" contains information on each vaccine-preventable disease and delivers immunization providers with the latest information on: Principles of vaccination General recommendations on immunization Vaccine safety Child/adult immunization schedules International vaccines/Foreign language terms Vaccination data and statistics The E-Book format contains all of the information and updates that are in the print version, including: · New vaccine administration chapter · New recommendations regarding selection of storage units and temperature monitoring tools · New recommendations for vaccine transport · Updated information on available influenza vaccine products · Use of Tdap in pregnancy · Use of Tdap in persons 65 years of age or older · Use of PCV13 and PPSV23 in adults with immunocompromising conditions · New licensure information for varicella-zoster immune globulin Contact bookstore@phf.org for more information. For more news and specials on immunization and vaccines visit the Pink Book's Facebook fan page

Responding to Emergencies Aug 06 2020

Heartsaver AED. Jul 05 2020

Pediatric First Aid and CPR Jul 29 2022

Cheating Death Nov 01 2022 An unborn baby with a fatal heart defect . . . a skier submerged for an hour in a frozen Norwegian lake . . . a comatose brain surgery patient whom doctors have declared a "vegetable." Twenty years ago all of them would have been given up for dead, with no realistic hope for survival. But today, thanks to incredible new medical advances, each of these individuals is alive and well . . . Cheating Death. In this riveting book, Dr. Sanjay Gupta-neurosurgeon, chief medical correspondent for CNN, and bestselling author-chronicles the almost unbelievable science that has made these seemingly miraculous recoveries possible. A bold new breed of doctors has achieved amazing rescues by refusing to accept that any life is irretrievably lost. Extended cardiac arrest, "brain death," not breathing for over an hour-all these conditions used to be considered inevitably fatal, but they no longer are. Today, revolutionary advances are blurring the traditional line between life and death in fascinating ways. Drawing on real-life stories and using his unprecedented access to the latest medical research, Dr. Gupta dramatically presents exciting accounts of how pioneering physicians and researchers are altering our understanding of how the human body functions when it comes to survival-and why more and more patients who once would have died are now alive. From experiments with therapeutic hypothermia to save comatose stroke or heart attack victims to lifesaving operations in utero to the study of animal hibernation to help wounded soldiers on far-off battlefields, these remarkable case histories transform and enrich all our assumptions about the true nature of death and life.

Pediatric Resuscitation Aug 25 2019 Pediatric Resuscitation is reviewed in this issue of Pediatric Clinics of North America, guest edited by Drs. Steve Schexnayder and Arno Zaritsky. Authorities in the field have come together to pen articles on Background and Epidemiology; CPR - Why the New Emphasis?; Airway Management; Arrhythmias, Cardioversion, and Defibrillation; Vascular Access and Medications; Medical Emergency Teams; Teamwork in Resuscitation; Resuscitation Education; Outcome Following Cardiac Arrest; Extracorporeal Life Support during CPR; Post-resuscitation Care; and Future Directions.

CPT Professional 2022 Jun 23 2019 CPT(R) 2022 Professional Edition is the definitive AMA-authored resource to help healthcare professionals correctly report and bill medical procedures and services.

Pocket Anesthesia Sep 18 2021 Designed for easy transport and quick reference, Pocket Anesthesia, presents essential information that residents, anesthesiologists, CRNAs, and medical students need on the wards and in the operating room. Edited by anesthesia faculty at Harvard Medical School, this pocket-size reference is ideally suited for today's fast-paced anesthesia environment--it is concise, easy to read, and evidence-based. Essential information is presented in a well-organized schematic outline format with many tables, algorithms, and diagrams. The book is filled with

must-know facts about drugs, frequent intraoperative problems, differential diagnosis, common disease states, patient evaluation, and anesthetic considerations for each subspecialty. New to the revised, second edition, is the inclusion of ultrasound-guided regional anesthesia procedures. Cal/OSHA Pocket Guide for the Construction Industry Dec 10 2020 The Cal/OSHA Pocket Guide for the Construction Industry is a handy guide for workers, employers, supervisors, and safety personnel. This latest 2011 edition is a quick field reference that summarizes selected safety standards from the California Code of Regulations. The major subject headings are alphabetized and cross-referenced within the text, and it has a detailed index. Spiral bound, 8.5 x 5.5"

Tecc: Tactical Emergency Casualty Care Jan 11 2021 The Tactical Emergency Casualty Care Course Manual is the printed component for the NAEMTs 16-hour continuing education Tactical Emergency Casualty Care (TECC) Course. It may be used by both instructors and students as a resource to prepare for the TECC course and as a reference that discusses the current best practices for EMS providers to utilize in the response to and care of patients in a civilian tactical environment. The TECC Course does not offer certification as a tactical medic it is intended to teach all EMS providers the best patient care and safety practices in a civilian tactical environment, such as an active shooting hostile event. Composed of 10 lessons, The TECC Course Manual will: Cover the phases of care in a civilian tactical environment, Describe step-by-step the life-saving skills that may be performed in a civilian tactical environment, Provide safety and survival strategies for EMS providers and their patients In addition to the TECC Course Manual, instructors may also purchase the TECC Online Instructors Toolkit (9781284483888). This resource features 10 lesson presentations in PPT, as well as interactive patient simulations and skill stations that allow students to gain experience in a safe environment monitored by experienced EMS providers.

ACSM's Clinical Exercise Physiology Mar 13 2021 ACSM's Clinical Exercise Physiology adapts and expands upon the disease-related content from ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription, 7th Edition, to create a true classroom textbook. This new resource offers research-based coverage of more than 35 conditions commonly seen in practice—from a host of cardiovascular disorders to immunological/hematological disorders. Condition chapters are organized by disease types and then divided into sections that cover specific conditions from a pathological and etiological perspective. To provide a complete view of clinical exercise physiology, the book also covers important considerations and foundational elements, such as screening, pharmacology, and electrocardiography. As an American College of Sports Medicine publication, the text offers the unsurpassed quality and excellence that has become synonymous with titles by the leading exercise science organization in the world.

2020 Handbook of Emergency Cardiovascular Care for Healthcare Providers (International English) Feb 21 2022 20-2872

American Red Cross First Aid/CPR/AED Participant's Manual Jun 27 2022 Rev. ed. of: First aid/CPR/AED for schools and the community. 3rd ed. c2006.

Cumulated Index Medicus Sep 06 2020

Textbook of Neonatal Resuscitation Nov 20 2021 New 7th Edition! Powerful resource for interactive, simulation-based teaching and learning! The Neonatal Resuscitation Program (NRP) is an educational program jointly sponsored by the American Academy of Pediatrics (AAP) and the American Heart Association (AHA). The course is designed to teach an evidence-based approach to resuscitation of the newborn to hospital staff who care for newborns at the time of delivery. New in the 7th edition! Text updated to reflect the 2015 AAP/AHA Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care of the Neonate Two new chapters added covering post-resuscitation care and preparing for resuscitation 140+ new full-color photographs replacing most line drawings

An Introduction to Pet Dental Care Feb 09 2021 Periodontal disease is one of the most common diseases observed by small animal practitioners, and it is not uncommon for the veterinary technician to be the first line in oral health assessment and treatment. Despite this, current dentistry training for veterinary technicians and nurses is often very limited. This book explains the causes, consequences, prevention and treatment of pet dental diseases including periodontal disease, fractured teeth, tooth resorption, dental malocclusions, oral masses, jaw fractures, and other oral conditions.

Annals of the Academy of Medicine, Singapore Jan 29 2020

2020 American Heart Association Guidelines Aug 30 2022

Tactical Combat Casualty Care Handbook May 03 2020 Tactical Combat Casualty Care (TCCC) has saved hundreds of lives during our nation's conflicts in Iraq and Afghanistan. Nearly 90 percent of combat fatalities occur before a casualty reaches a medical treatment facility. Therefore, the prehospital phase of care is needed to focus on reducing the number of combat deaths. However, few military physicians have had training in this area and, at the onset of hostilities, most combat medics, corpsmen, and pararescue personnel in the U.S. military have been trained to perform battlefield trauma care through civilian-based trauma courses. These courses are not designed for the prehospital combat environment and do not reflect current practices in the area of prehospital care. TCCC was created to train Soldiers and medical personnel on current best practices for medical treatment from the point of injury to evacuation to Role 3 facilities

Teaching Medicine and Medical Ethics Using Popular Culture Dec 22 2021 This book demonstrates how popular culture can be successfully incorporated into medical and health science curriculums, capitalising on the opportunity fictional media presents to humanise case studies. Studies show that the vast majority of medical and nursing students watch popular medical television dramas and comedies such as Grey's Anatomy, ER, House M.D. and Scrubs. This affords us with a unique opportunity to engage and inform not only students but the general public and patients further downstream. This volume analyses examples of medical-themed popular culture and offers various strategies and methods for educators in this field to integrate this material into their teaching. The result is a fascinating read and original resource for medical professionals and teachers alike.

Paramedic Oct 20 2021 Pharmacologic intervention is a cornerstone of paramedic treatment. Paramedic: Pharmacology Applications covers the relevant issues of pharmacology as they relate to the field practice of the paramedic. The text gives students a comprehensive understanding of the indications, contraindications, and side effects of medications, as well as insight into the pathophysiology and etiology of conditions requiring rapid pharmacologic intervention. In addition, progressive case studies are found in each chapter. The cases follow patients from dispatch through delivery to the emergency department and cover every aspect of assessment and treatment. Each case study includes eight critical thinking questions.

Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

Pocket Book of Hospital Care for Children Aug 18 2021 The Pocket Book is for use by doctors nurses and other health workers who are responsible for the care of young children at the first level referral hospitals. This second edition is based on evidence from several WHO updated and published clinical guidelines. It is for use in both inpatient and outpatient care in small hospitals with basic laboratory facilities and essential medicines. In some settings these guidelines can be used in any facilities where sick children are admitted for inpatient care. The Pocket Book is one of a series of documents and tools that support the Integrated Managem.

Comic Book CPR Nov 08 2020 The free online guide written by KaptainMyke has been released for the first time in print! Learn the hidden underground secrets of cleaning and pressing comic books. This book contains all of the vast information covered online at www.kaptainmyke.com and includes all new, never before seen material. Properly photograph and handle comic books to prevent damage. Obtain the highest grades

possible when submitting to grading companies. Learn how to prescreen and inspect comic books with precision. Know the difference between pressable and unpressable defects. Learn about restoration detection and how you can avoid potential risks. Become informed on the dangers of bad pressing and what you can do to prevent damage to comic books. The cleaning and stain removal tips inside will provide extra value to your books. This book is filled with full color pages that include tips and real world examples for your review. Fix your mistakes and prevent future potential mistakes as you practice. Utilize and follow guidance from formula pages based off year and type of paperstock. Inspection forms, a flow chart and pressing matrix diagram are included as brand new content to guide you along every step of the learning process. All pages are color coded and easy to understand for anyone who has never attempted cleaning or pressing comic books. Suppose you could tell if a graded comic book has been cleaned and pressed - without ever having to open it? What if there were grading notes that could immediately give you clues for pressing potential? This book covers all of that and more! Everything included inside this book guarantees a clean blue universal graded label using no restoration techniques or tricks. You are guaranteed to improve the condition and grade of any comic book using the procedures outlined in this guide. If you collect comic books, this book is for you.

CPR/AED for the Professional Rescuer Sep 26 2019 This New American Red Cross CPR/AED for the Professional Rescuer Participant's Manual and course reflect changes based on the 2005 Consensus on Science for CPR and Emergency Cardiovascular Care (ECC) and the Guidelines 2005 for First Aid. Changes to this program and manual include simplifications to many of the CPR skill sequences, which helps improve retention. There have also been changes to help improve the quality of CPR. The integration of CPR skills into the operation of AEDs had changed to help improve survival from sudden cardiac arrest. Professional rescuers are now trained to use AEDs on adults and children. Information has been updated and added to this program to help professional rescuers administer epinephrine, aspirin and fixed-flow-rate oxygen. The skills learned in this course include adult, child and infant rescue breathing, conscious and unconscious choking, CPR, two-rescuer CPR and adult and child AED. Additional training can be added to this course including bloodborne pathogens training and emergency oxygen administration. While the skills and knowledge that professional rescuers use are increasing, this training will help you meet your most important responsibility as a professional rescuer- the responsibility to save lives.

Advanced Cardiovascular Life Support Provider Manual (International English) Oct 27 2019 Product 80-1535TR

Advanced Cardiovascular Life Support Provider Manual Apr 13 2021 20-1106

First Aid, CPR, and AED Standard Oct 08 2020 When an emergency strikes, knowing what to do is critical. That is why the ECSI First Aid, CPR and AED course is invaluable. First Aid, CPR, and AED Standard is the center of an integrated teaching and

ECG Interpretation Mar 25 2022 Geared to LPNs/LVNs, this quick-reference pocket book provides an easy-to-understand guide to ECG interpretation and features over 200 clearly explained ECG rhythm strips. Following a refresher on relevant cardiac anatomy, physiology, and electrophysiology, the book presents the 8-step method for reading any rhythm strip. Subsequent chapters explain various cardiac rate and rhythm abnormalities, including sinus node arrhythmias, atrial arrhythmias, junctional arrhythmias, ventricular arrhythmias, and atrioventricular blocks. Arrhythmias are covered in a consistent format—causes, significance, ECG characteristics, signs and symptoms, and interventions. Coverage also includes ECG characteristics of disorders, drugs, pacemakers, and implantable cardioverter-defibrillators and a chapter on basic 12-lead electrocardiography.

American Red Cross Lifeguarding Manual May 15 2021 As the number of community pools and waterparks grows nationwide, participation in aquatic activities is also growing. Lifeguards must receive proper and effective training, and maintain their skills to ensure their ability to work effectively with

others as a part of a lifeguard team. This manual will supplement your in-service training to keep your knowledge and skills sharp.

Geriatric Emergency Medicine Jul 25 2019 This volume, sponsored by the American College of Emergency Physicians, is a comprehensive, practical, ready-reference for the ED physician. Content focuses on how to effectively and accurately diagnose and treat this unique population. Each chapter is structured as follows: High Yield Facts: a bulleted list of 5 high yield facts Introduction: definition of problem and relevancy to older population Epidemiology (if applicable): scope, incidence/prevalence, mortality Pathophysiology: causative factors, predispositions, risk factors, mechanisms of disease process or injury, organ systems affected and disease course Clinical Features: chief complaint, presenting symptoms key historical information, physical examination including general appearance, vital signs, specific findings, and associated findings Diagnosis and Differential: laboratory findings and ancillary testing (including indications for same and also predictive value of such tests, differential diagnosis Emergency Department Care and Disposition: immediate management priorities (overview), initial ED management (to include both pharmacological and non-pharmacological care of the patient), subsequent care (if applicable). Can also include prognosis. Additional Aspects: complications, controversies, pitfalls, medical/legal issues, ethical issues, and costs

The Scum Villain's Self-Saving System: Ren Zha Fanpai Zijiu Xitong (Novel) Vol. 1 Mar 01 2020 NEW YORK TIMES BEST SELLER! The blockbuster danmei/Boys' Love novels from China that inspired the animated Scumbag System series streaming in English! This hilarious story of a man reborn as a villain in a fantasy novel series who ends up romancing the male protagonist is now in English, for the very first time. Half-demon Luo Binghe rose from humble beginnings and a tortured past to become unrivaled in strength and beauty. With his dominion over both the Human and Demon Realms and his hundreds-strong harem, he is truly the most powerful protagonist...in a trashy webnovel series! At least, that's what Shen Yuan believes as he finishes reading the final chapter in Proud Immortal Demon Way. But when a bout of rage leads to his sudden death, Shen Yuan is reborn into the world of the novel in the body of Shen Qingqiu--the beautiful but cruel teacher of a young Luo Binghe. While Shen Qingqiu may have the incredible power of a cultivator, he is destined to be horrifically punished for crimes against the protagonist. The new Shen Qingqiu now has only one course of action: get into Luo Binghe's good graces before the young man's rise to power or suffer the awful fate of a true scum villain! This Chinese fantasy (xianxia) comedy built around the romanticized love between two men (danmei) has been translated into numerous languages and inspired the animated series Scumbag System, which amassed millions of streaming views--including the English version on YouTube through Tencent Video. As the first novel series by Mo Xiang Tong Xiu to spur a global multimedia franchise, this incredibly fun tale led the way to her future blockbusters in the danmei genre: Grandmaster of Demonic Cultivation and Heaven Official's Blessing. The Seven Seas English-language edition will include exclusive, all-new covers and interior illustrations from Xiao Tong Kong (Velinxi) and feature a translation by Faelicy (faelicy) & Lily (lily_ocho).

Basic Life Support Provider Manual (International English) Sep 30 2022 20-2804

Crucial Conversations: Tools for Talking When Stakes are High, Third Edition Dec 30 2019 Keep your cool and get the results you want when faced with crucial conversations. This New York Times bestseller and business classic has been fully updated for a world where skilled communication is more important than ever. The book that revolutionized business communications has been updated for today's workplace. Crucial Conversations provides powerful skills to ensure every conversation—especially difficult ones—leads to the results you want. Written in an engaging and witty style, the book teaches readers how to be persuasive rather than abrasive, how to get back to productive dialogue when others blow up or clam up, and it offers powerful skills for mastering high-stakes conversations, regardless of the topic or person. This new edition addresses issues that have arisen in recent years. You'll learn how to: Respond when someone initiates a crucial conversation with you Identify and address the lag

time between identifying a problem and discussing it Communicate more effectively across digital mediums When stakes are high, opinions vary, and emotions run strong, you have three choices: Avoid a crucial conversation and suffer the consequences; handle the conversation poorly and suffer the consequences; or apply the lessons and strategies of Crucial Conversations and improve relationships and results. Whether they take place at work or at home, with your coworkers or your spouse, crucial conversations have a profound impact on your career, your happiness, and your future. With the skills you learn in this book, you'll never have to worry about the outcome of a crucial conversation again.

ACLS Review Made Incredibly Easy May 27 2022 CLS Review Made Incredibly Easy!® gives you the confidence you need to pass the ACLS certification exam as well as the knowledge and skills needed to perform advanced cardiac life support. Packed with easy-to-remember definitions and step-by-step directions on the latest treatment algorithms, this enjoyable review text tackles required ACLS course and exam content. It is also the perfect on-the-spot clinical reference—for nurses, students, and all healthcare professionals. Be expertly guided through the latest ACLS training and exam preparation with: NEW and updated content in quick-read, bulleted format, based on current American Heart Association guidelines NEW and updated cardiovascular pharmacology content NEW and updated interventions Explains ACLS course and exam components and requirements Proven study strategies, end-of-chapter quick quizzes, and an end-of-book practice test Explanations of complex concepts—easy-to-retain guidance on how to recognize and treat cardiac arrhythmias, including: Classifications of interventions, including basic life support skills, adult cardiac arrest algorithm, and defibrillation Step-by-step how-tos for current treatment algorithms Managing specific rhythms—hypovolemia, hypoxia, acidosis, hypothermia, cardiac tamponade, tension pneumothorax, pulmonary coronary thrombosis, and more Dozens of colorful diagrams and illustrations outline the core concepts and skills needed for ACLS certification, including: CPR - when and how to use it Devices and procedures skills - safe ventilation techniques, including endotracheal intubation and supraglottic devices, as well as defibrillators, pacemakers, and more Early management - managing the first 30 minutes of cardiac emergencies Emergency conditions - which cardiac rhythms may require ACLS treatment IV and invasive techniques - such as peripheral and central IV line insertion Pharmacology - knowing the action, indication, dosages, and precautions for the major drugs used during ACLS Special features that include: Just the facts - quick summary of each chapter's content o "Nurse Joy" and "Nurse Jake" - expert insights on interventions and problem-solving Quick quiz - multiple-choice questions after each chapter to help you retain knowledge o Now I get it! - real-life patient scenarios illustrating correct ACLS interventions o What to look for - tips on identifying and interpreting arrhythmias. About the Clinical Editor Kate Stout, RN, MSN, is a Critical Care Charge RN at Southern Hills Hospital in Las Vegas, Nevada.

Emergency Medical Responder Apr 01 2020 Emergency Medical Responder: A Skills Approach is the essential guide for students preparing to enter the paramedic profession. Thoroughly Canadian, it incorporates case studies drawn from the authors' experience, as well as perspectives, legislation, and procedures that are particular to Canada. A variety of enrichment materials are included throughout the book, as is coverage on working with other members of the health care team and the importance of written reports and accurate documentation. KEY TOPICS: Introduction to the Emergency Medical Services System;The Well-Being of the Emergency Medical Responder;Legal and Ethical Issues;The Human Body;Pharmaceuticals;Lifting and Moving Patients;The Airway and Ventilation;Circulation;Automated External Defibrillation;Scene Assessment;Patient Assessment;Communication and Documentation;Cardiac and Respiratory Emergencies;Other Common Medical Complaints;Geriatric Considerations;Heat and Cold Emergencies;Bites and Stings;Psychological Emergencies and Crisis Intervention;Bleeding and Shock;Soft-Tissue Injuries;Injuries to the Chest, Abdomen, and Genitalia;Burn Emergencies;Agricultural and Industrial Emergencies;Injuries to the Head, Face, and Neck;Injuries to the Spine;Musculoskeletal Injuries;Childbirth;Infants and Children;EMS Operations;Hazardous Materials Incidents and Emergencies;Multiple-Casualty Incidents and Incident Command; Water Emergencies;Vehicle Stabilization and Patient Extrication;Special

Rescue Situations MARKET: Appropriate for Emergency Medical Responder Courses.

2020 Alcs Reference Card Set Apr 25 2022 20-1120

What to Do When You're Having Two Nov 28 2019 Revised and updated in 2020 The creator of Twiniversity delivers an essential update to her must-have manual to having twins, now with expanded info on twin pregnancy and tandem breastfeeding, and advice on the best gear to help save your sanity. With almost two times as many sets of twins today as there were forty years ago, What to Do When You're Having Two has quickly become the definitive resource for expectant and new parents of multiples. A mom of fraternal twins and a world-renowned expert on parenting multiples, author Natalie Diaz launched Twiniversity, the world's leading global resource for twin parenting information and support online. Now, with her expanded edition of What to Do, she includes new information on breastfeeding, gear, sleep, and having two when you already have one, as well as: • creating your twin birth plan, • maintaining a realistic sleep schedule, • managing tandem breastfeeding, • stocking up on what you'll need (and knowing what high-tech products are now available and what's a waste of money), and • building a special bond with each of your twins. Accessible, informative, and humorous, What to Do When You're Having Two is the must-have manual for every parent of twins.

Heartsaver First Aid Student Workbook Jan 23 2022 Product 15-1021

Heartsaver Pediatric First Aid CPR AED Student Workbook Jul 17 2021

Family & Friends CPR Jun 15 2021 Demonstrates CPR procedures for use in group training.